

WHAT? ME WORRY?

When I was a kid there was a satirical magazine written in cartoon fashion called *Mad Magazine*. If you are 55 years or older you may remember it. It was more popular with guys than girls. It had stuff in it that guys may be more interested in such as cars, sports, playing practical jokes, sophomoric humor and an occasional poke at the government. The main character was Alfred E. Newman, a red-haired, freckled-face, gap-toothed teenager. His face almost always adorned the cover with the words "What, Me Worry?" Alfred never seemed to have a care in the world. Alfred had a point...why worry.

By "Why Worry" I don't mean we should not take life seriously. Absolutely not. Nor do I mean that our days should be about aimless nothingness. That's exactly opposite of what the Bible teaches. 2,000 years before "What, Me Worry?" became a magazine tag line, Jesus said these very words while teaching the Sermon on the Mount. *Mad Magazine* never really taught people why they should not worry, Jesus made it very clear why we should not worry. The magazine was for humor, The Sermon on the Mount was for happy and blessed living.

The other day I was reading the Sermon on the Mount. My favorite verse in life is Matthew 6:33, but for some reason the phrase "Do not worry" really caught my eye and my heart. From Matthew 6:25-34 Jesus tells us 5 times "Do not worry." Do not worry is woven among the verses that say we have no need to worry about food, clothing, or shelter because God promises to provide. Jesus teaches, and the medical community has confirmed that worrying can actually shorten our life. Find comfort from worry in Psalm 62:1-2, "My soul finds rest in God alone, my salvation comes from him. He alone is my rock and my salvation; he is my fortress I will never be shaken."

In Christ's Love,

Pastor Mike

Prayers: Pastor Les Smith (kidney transplant), David Maynard (gull bladder surgery soon), Esther Jewett (liver problems)

Events: Easter Sunday 8:30am - Sunrise Sunday School Breakfast and the beginning of a new series...Zechariah!