

IN TOUCH

CREATED TO CONNECT

Dear Friend:

One week ago, before so many churches suspended church service, before restaurants were ordered to close dining areas, before the recommended group maximum went from 100 to 10, and before all the gains made in the stock market the last 4 years evaporated, we knew social change was coming but many of us didn't know its' totally in such a short period of time. In all that has been lost we must not forget one of the greatest losses is our social connection. We human beings were created to connect. It impacts our psyche, our emotional balance, our physical health AND our spiritual health. Abraham Maslow a psychologist, developed a theory in 1943 that became known as" Maslow's hierarchy of needs." There's not enough space to describe his theory and all 5 levels of need but in the middle of the levels is love / belonging. What's interesting to me is that the love / belonging need is the glue that holds all 5 needs together. We are social beings who need love and feel a need to belong. What does that have to do with COVID 19? Because of the virus we have virtually sheltered in place – we have become disconnected, not a good thing for human beings who were created by God to be connected with others.

Abraham Maslow was not the first to tell us we need love and connection with others – the Bible is full of that truth! God said about Adam: "It is not good for man to be alone," so he created Eve. Part of the story of the Tower of Bable is that mankind wanted to stay connected. All through the Old Testament family stayed at the center of social life. Christians in the New Testament showed love to others, to each other, and met in homes to stay connected.

What are you doing during these days to stay connected? Please, even if you are isolated at home, don't isolate yourself from others. Staying in touch by computer is good. But not AS good as picking up the phone and calling someone. Your church will host a "Prayer Gathering" each Sunday, 10:30 am via a conference call. All you need to do is dial 605-313-5846 and when prompted dial 881885#. The meeting begins with a devotional by Kirk McVay then Kirk will direct us in prayer. The meeting will only last around 30 minutes and is a great tool to stay in touch.

Keeping In Touch,

Pastor Mike

Prayer Needs: Addy Steward (bronchitis), Jeff Stewart (stroke), COVID 19 needs